You can help homeless and homeless veterans by volunteering at the shelters, giving out food, old clothes or shoes that you no longer need or use. Make sandwiches for the homeless veterans. As a junior member of the Auxiliary you can help at fundraisers that raise money for homeless veterans. Contact your local officials to encourage more assistance for our veterans by local government or ask how programs can be developed. You can also ask friends and family help donate money or goods. Contact local homeless veteran shelters and ask how you can help for instance, I helped high school students reorganize there donation center folding clothes, sort food, throw unusable stuff away, and cleaned up.

Another way to help is to let veterans know that there help from the VA for homeless and at-risk veterans available 24/7 by calling: 1-877-4AID-Vet (1-877-424-3838) it will connect them to services for housing, health care, and support. Female veterans face different challenges when returning to civilian life. Ever VA medical center has a dedicated advocate to make sure women veterans get the health care they need. These advocates are responsible to treat women veterans with dignity and respect. Their hot line is: 1-885-VA-WOMEN (855-829-6636) or visit www.VA.gov/WomenVET and to learn more

In closing, there are four ways you can help homeless veterans;

1) Donating to veterans
2) Volunteering your services
3) Partnering with the VA
4) Hire a veteran if you are a company

Bottom line is get involved no matter how much or how little you can give!!

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