



## MY GOODWILL INVENTORY

As a volunteer with the American Legion Auxiliary, it is important to assess attitudes about yourself, your work, and your relationships with others.

- Determine awareness of the ways you perceive yourself and others.
- What do you know about how you react or respond to situations?

To identify your own self-awareness:

- Read the statements below
- Check the appropriate boxes.
- Respond, save and return to the checklist in about 6 to 9 months. Consider answers that may have changed.

**Completion of this personal tool is your choice.**

	Always	Often	Rarely	Never
I am eager to learn				
I offer my skills and talents				
I listen with an open mind				
I share new insights				
I like taking direction from people who know more than I do				
I try to look at the world through others' eyes				
I actively listen when someone is talking to me				
I am honest with myself and others				
I consider my strengths and weaknesses				
I am sensitive to others' needs				
I genuinely care for others and respond accordingly				
I adapt easily to the environment and situation				
I consider taking reasonable, responsible risks				
I am comfortable and content with the way I present myself to others.				

**COMPLETION DATE** \_\_\_\_\_

**REVIEW DATE** \_\_\_\_\_